

Air Fryer Carrots Recipe

Description

Make these flavor-packed air fryer carrots tonight! They come out crispy, fork tender, and smothered Vatermark with herbs!

• Prep Time: 10 minutes • Cook Time: 10 minutes • Total Time: 20 minutes

• Yield: 4

• Category: Side Dish • Cuisine: American

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Ingredients

- 1 pound carrots
- 3 tablespoons olive oil
- 1 teaspoon parsley flakes
- 1 teaspoon dried oregano
- 3/4 teaspoon salt
- 1/2 teaspoon ground thyme
- 1/4 teaspoon black pepper

Instructions

- 1. Preheat air fryer to 400°F.
- 2. Slice carrots into 2-inch rounds. Halve or quarter any thicker parts of the carrots to ensure all of the pieces are about the same size.
- 3. Place the carrots in a medium bowl.
- 4. Drizzle carrots with olive oil, parsley, oregano, salt, thyme, and black pepper.
- 5. Toss carrots to coat evenly.

- 6. Arrange carrots in the basket or tray of your air fryer in an even layer. Some overlap is okay.
- 7. Air fry for 10 minutes, shaking half way through. Carrots are done when a fork can slide into the center of them easially.
- 8. Serve and enjoy!

Notes

Air fryer cook times may vary. Keep an eye on the carrots as it may take 8-12 minutes to cook, depending on your air fryer model.

Category

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