

Air Fryer Crab Cakes Recipe

Description

Air Fryer Crab Cakes Recipe Ult Watermark

- 1 lb fresh lump crab meat (picked over for shells)
- 1/4 cup mayonnaise
- 1 large egg
- 1 tsp Dijon mustard
- 1 tsp Worcestershire sauce
- 1 tsp Old Bay seasoning (or to taste)
- 1/4 cup finely chopped green onions
- 1/4 cup finely chopped bell pepper (optional for some crunch)
- 1/2 cup breadcrumbs (panko or regular)
- Salt and pepper to taste
- Olive oil spray or cooking spray

Instructions:

- 1. Prepare the Mixture: In a large bowl, combine mayonnaise, egg, Dijon mustard, Worcestershire sauce, and Old Bay seasoning. Mix well until smooth.
- 2. Fold in Crab Meat: Gently fold in the crab meat, green onions, bell pepper (if using), and breadcrumbs. Be careful not to break up the crab meat too much; you want nice lumps for a good texture.
- 3. Form the Crab Cakes: Form the mixture into small, even patties about 1/2 to 1 inch thick. Place the patties on a plate or baking sheet and refrigerate for about 30 minutes to help them hold together better during cooking.
- 4. **Preheat the Air Fryer**: Preheat your air fryer to 375°F (190°C) for a few minutes.
- 5. Air Fry the Crab Cakes: Lightly spray the crab cakes with olive oil spray. Arrange the patties in a single layer in the air fryer basket, making sure they donâ??t touch.

- 6. **Cook**: Air fry for about 10-12 minutes, flipping halfway through, until theyâ??re golden brown and crispy on both sides.
- 7. Serve: Serve the crab cakes with a squeeze of lemon, tartar sauce, or remoulade.

Tips:

- Chill the Crab Cakes: Chilling the crab cakes before cooking will help them keep their shape.
- Adjust Breadcrumbs: If the mixture feels too wet, add a little more breadcrumbs.

Enjoy your deliciously crispy air fryer crab cakes!

Category

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