

Air Fryer Cranberry Scones

Description

This is a really easy recipe, my kids love the flavor of the scones, I love the cranberry flavor, which default watermark really makes for a quick and delicious breakfast.

PREPRATION TIME:

- Prep Time: 20 mins
- Cook Time: 10 mins
- Total Time: 30 mins

Ingredients:

- 2 cups all-purpose flour
- 1/4 cup brown sugar
- 1 tablespoon baking powder
- 1/4 teaspoon ground nutmeg
- 1/4 teaspoon salt
- 1/4 cup butter, chilled and diced
- 1 cup fresh cranberries
- 1/3 cup granulated sugar
- 1 tablespoon orange zest
- 3/4 cup half and half
- 1 large egg

Instructions:

- 1. In a larger mixing bowl, mix together the flour, brown sugar, baking powder, nutmeg, and salt. Combine well.
- 2. Then mix in the butter, cream, and egg, keep on making until a dough forms. Then mix in the cranberries and sugar, as well as the orange zest. Mix lightly.
- 3. Remove the dough from the mixing bowl, and knead, on a floured surface, until the dough is nice and stretchy.

- 4. Shape into circles (about 6 inches), then cut that circle into wedges, to resemble scones.
- 5. Then place the scones, as you make them, into the air fryer basket.
- 6. Set the temperature of your air fryer at 365 degrees F. And set the time for 10 minutes. About 1/2 way done, check the scones for doneness, as the exact time will depend on your air fryer. Plate, serve, and enjoy!

Nutrition Facts:

- Air Fryer Cranberry Scones
- Amount Per Serving (1 g)
- Calories 269Calories from Fat 81

% Daily Value*

- Fat 9g14%
- Saturated Fat 3g19%
- Trans Fat 1g
- Polyunsaturated Fat 2g
- Monounsaturated Fat 4g
- Cholesterol 32mg11%
- Sodium 320mg14%
- Potassium 97mg3%
- ødefault watermark Carbohydrates 42g14%
- Fiber 2g8%
- Sugar 16g18%
- Protein 5g10%
- Vitamin A 379IU8%
- Vitamin C 3mq4%
- Calcium 130mg13%
- Iron 2mg11%

Category

1. Air Fryer Recipes

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Author

rauf