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## High-Protein Chocolate Whipped Cottage Cheese Recipe

### Description

**Cottage cheese has gotten a makeover from when our grandparents ate it with pears or pineapple on top.** (Remember that?) Because cottage cheese is relatively low in carbs, many who are on the keto diet or another low-carb eating plan are including it in their diets. But what if youâ??re not a fan of cottage cheese? Well, do we have a recipe for you!

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### Ingredients

- 1/2 cup cottage cheese
- 1 â?? 2 teaspoons unsweetened cocoa powder
- 2 â?? 3 teaspoons sugar substitute (stevia, granulated monk fruit or your favorite keto sweetener)

### Recipe Notes

- Use whatever sweetener you like for this high-protein recipe.
- Store the cottage cheese in an airtight container in the fridge.

### Hereâ??s how to make it:

1. Put the ingredients into a blender.
  2. Blend until smooth.
- <Macro 'tip'>

### Category

1. High Protein Recipes

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