



How to make a cake on the stove without adding sugar or wheat flour

Description

Stovetop cake recipe ingredients

- 1 cup cornmeal
- 1 cup of ready tapioca
- 1/2 cup milk or water
- 1 tablespoon baking powder
- 2 mashed dwarf bananas
- 1 egg

Preparation method

1. In a bowl add the egg and beat until foamy.
2. Add the well-mashed banana, cornmeal, tapioca and baking powder.
3. Mix well and gradually add the milk until you obtain a homogeneous dough.
4. Place the dough in a greased, ring-shaped pan.
5. Cover or cover the pan with aluminum foil and place it directly on the stovetop over medium heat.
6. After 30 minutes, unmold the cake, turn it over in the pan and return to the heat for another 10 minutes.
7. Your cake on the stove is ready to be enjoyed.

Category

1. Grandma Recipes

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