

Seafood Salad

Description

Ingredients:



- 1/2 cup minced celery
- default Watern • 1 lb imitation crab (ensure itâ??s low-carb and doesnâ??t contain added sugars)
- 1/2 teaspoon dried dill
- 1/2 cup keto-friendly mayonnaise
- 1/2 teaspoon paprika
- 1/4 teaspoon Kosher salt
- 1/4 teaspoon black pepper
- 1 shallot, minced (or use red onion if preferred)

Instructions:

- 1. In a large bowl, combine the minced celery, imitation crab, dried dill, keto-friendly mayonnaise, paprika, minced shallot, Kosher salt, and black pepper.
- 2. Gently mix the ingredients until they are well blended.
- 3. Place the bowl in the fridge to chill the crab seafood salad for at least an hour to allow the flavors to meld.
- 4. Serve and enjoy your keto and low-carb crab seafood salad.

Category

1. High Protein Recipes

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