

Turkish bread

# **Description**

Turkish bread, also known as â??pideâ?• or â??Turkish pide,â?• is a traditional flatbread thatâ??s popular in Turkish cuisine. It is often used for making sandwiches, kebabs, or enjoyed on its own. Hereâ??s a basic recipe for making Turkish bread at home:

## Ingredients:

## For the Dough:

- 4 cups all-purpose flour
- 1 tablespoon sugar
- 1 tablespoon active dry yeast
- 1 teaspoon salt
- 1 cup warm water
- 1/4 cup olive oil

## For the Topping (optional):

Sesame seeds or nigella seeds

### Instructions:

#### 1. Activate the Yeast:

- In a small bowl, combine warm water and sugar. Stir until the sugar is dissolved.
- Sprinkle the yeast over the water and let it sit for about 5-10 minutes until it becomes frothy.

## 2. Make the Dough:

- In a large mixing bowl, combine the flour and salt.
- Make a well in the center and pour in the activated yeast mixture and olive oil.
- Mix until the dough comes together.

## 3. Knead the Dough:

• Turn the dough onto a floured surface and knead for about 8-10 minutes until it becomes smooth and elastic. Add more flour if needed to prevent sticking.

#### 4. First Rise:

• Place the dough in a lightly oiled bowl, cover it with a damp cloth, and let it rise in a warm place for about 1-2 hours or until it doubles in size.

#### 5. Preheat the Oven:

• Preheat your oven to 450°F (230°C). If you have a pizza stone, place it in the oven to heat.

### 6. Shape the Dough:

- Punch down the risen dough and divide it into two equal portions.
- Roll each portion into an oval or rectangular shape, about 1/2 inch thick. lault

#### 7. Second Rise:

- Water Place the shaped dough on a baking sheet or a hot pizza stone.
- Let it rise for about 15-20 minutes.

## 8. Topping (Optional):

Brush the top of the dough with olive oil and sprinkle sesame seeds or nigella seeds.

#### 9. Bake:

• Bake in the preheated oven for about 15-20 minutes or until the bread is golden brown and cooked through.

#### 10. Cool and Serve:

Allow the Turkish bread to cool for a few minutes before slicing and serving.

Enjoy your homemade Turkish bread with dips, spreads, or as a side to your favorite Turkish dishes!

## Category

1. Grandma Recipes

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